

## The Ripple Effect

THE RIPPLE EFFECT is a FREE webinar series to support parents. Each webinar will include 40 minutes of information sharing on the topic, with a 10 minute Q/A period via submitted questions.

- Goal-Setting and its Role in the Development of Strong EF Skills
   January 17, 2024, 12pm EST
- Love Languages with Children and EF Challenges
  February 14, 2024 12pm EST
- Understanding the Impact of Screen Time on Your Child's Brain March 20, 2024 12pm EST
- Nutrition and ADHD April 10, 2024. 12pm EST



- Parenting with a Mission and Message: Sustainable Habits at Home that Promote EF Skills May 15, 2024. 12pm EST
- Summertime Stressors: Managing Unstructured Time with Executive Dysfunction May 29, 2024 12pm EST
- Skill Deficit or Behavior? Your Questions Answered. Featured Guest: Adriana Young, MA, BCBA
   July 10, 2024 12pm EST
- Guiding Independence and Success with your College Students with Executive Dysfunction.
   August 7, 2024 12pm EST
- New School Year, New Agenda: Time Management for the School Aged Child
   September 11, 2024. 12pm EST
- Serving Up Social: Promoting Social-Relational Skills at the Kitchen Counter.
   October 16, 2024. 12pm EST



- Proactive Parenting in the Age of Technology November 6, 2024. 12pm EST
- Creating Structure for Joy During the Holidays December 4, 2024. 12pm EST







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