



# Empower Workshops

**EMPOWER WORKSHOPS** are 2-part class series to support parents and caregivers in understanding and developing strategies for their family member.

Each workshop meets weekly for two weeks. Recordings are available if you are unable to attend live. Sessions will be for one hour, including 50 minutes of content, followed by 10 minutes of Question/Answer.

**\$49.99**

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**Parent Workshop:** Understanding the Development of Executive Functions and How to Support Your Child (ages 4 - 8).

**January 24 & 31, 2024, 12-1 pm EST**

**Parent Workshop:** Executive Functioning for School-Age Children: Organization and Beyond! (ages 9+).

**February 21 & 28, 2024 12-1 pm EST**

**Parent Workshop:** Executive Dysfunction and Autism Spectrum Disorders: From Concept to Strategies.

**April 17 & 24, 2024 12-1 pm EST**



**Parent Workshop:** Intellectual Disability and EFs: Changing the Course Towards Achievement

**May 1 & 8, 2024 12-1 pm EST**





**Parent Workshop:** EF Coaching for College Students: What we already KNOW, and what we must put into ACTION

**June 12 & 19, 2024 12-1 pm EST**

**Parent Workshop:** New School Year, New Agenda. Establishing Routines to Foster Success

**August 14 & 21, 2024 12-1 pm EST**



**Parent Workshop:** The Power of Words with EF Skills

**September 18 & 25, 2024 12-1 pm EST**

**Parent Workshop:** Empowering EF Skills with Cooking and Baking (and yes, clean-up too!)

**November 13 & 20, 2024 12-1 pm EST**



Click the link to get started!





**New Agenda**  
Executive Function Coaching



Maria DelCorso and Amie Davies

Co-founders of New Agenda

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